Transitions in Hospice & Palliative Care

The 13th Annual Hospice & Palliative Care Conference

Thursday
June 9, 2005

Fort MacArthur, San Pedro, CA



Sponsored by:

VA Greater Los Angeles Healthcare System

In Collaboration with:

- VA Geriatric Research Education and Clinical Center (GRECC)
- VA Long Beach Healthcare System
- California Geriatric Education Center
- Cedars-Sinai Palliative Care and Hospice Program
- Kaiser Permanente
- Northridge Hospital Palliative Care
- Osher Lifelong Learning Institute, California State University, Los Angeles
- TrinityCare Hospice
- VITAS Innovative Hospice Care

Conference Location:

Fort MacArthur - Community Center 2400 Pacific Avenue San Pedro, CA 90731

Conference Information:

The conference fee covers continental breakfast, lunch, refreshments, program and course materials. Refunds requested by May 21, 2005 will be honored. For further information, please contact: *Marcie Stahl, Conference Secretary, GRECC (11E), 16111 Plummer St.; Sepulveda, CA 91343, (E-mail:* Marcie.Stahl@med.va.gov) *Tel. (818) 895-9311, FAX (818) 895-9519.*

∀ Directions:

Take any Fwy to 110 Harbor Fwy South (or from Long Beach, take Vincent Thomas Bridge) to Gaffey Street (end of Fwy). Go south on Gaffey Street to 22^{nd} Street. Turn left on 22^{nd} Street, go two blocks to Pacific Ave., turn right on Pacific Ave. The main gate is approximately 1% blocks, on the left side.

∨ *Note:*

Fort MacArthur is an active military reservation. Conference participants must be on the guest list to be admitted onto the base and you may be asked to show I.D. and/or vehicle registration or proof of insurance. Car-pooling is encouraged.

Hotel:

A block of rooms has been reserved at The Marina Hotel, Port of Los Angeles, San Pedro, (less than one block away) at a special conference rate of \$95 plus tax. This special rate will be available for reservations made by May 27, 2005. For reservations call: (310) 514-3344, Ext. 423 or 1-866-397-3376, identify yourselves as members of the "Veterans Administration Medical Center Group."



***** Faculty:

Connie Corley, PhD, LCSW: Director, Osher Lifelong Learning Institute and Professor, School of Social Work, California State University, Los Angeles.

Hank Dunn, MDiv: Chaplain, Herndon, Virginia, Author of "Hard Choices for Loving People."

Betty R. Ferrell, PhD, RN, FAAN: Research Scientist, City of Hope National Medical Center, Dept. of Nursing Research and Education.

Marc S. Gonzalez, PharmD: Associate Director, Law Enforcement Liaison and Education Unit, Purdue Pharma L.P., Stamford, CT.

Kristine A. Hillary, MSN, RN, NP: Regional Director, Home Care Services, Kaiser Foundation Hospital, Walnut Center, Pasadena, CA.

Kenneth E. Rosenfeld, MD: Director, Palliative Care Program, VA Greater Los Angeles Healthcare System, CA.

* Accreditation:

➤ CME: The VA Greater Los Angeles Healthcare System is accredited by the Institute for Medical Quality and the

California Medical Association to provide continuing medical education for physicians. The VA Greater Los Angeles Healthcare System takes responsibility for the content, quality and scientific integrity of this CME activity. The VA Greater Los Angeles Healthcare System designates this educational activity for a maximum of 6.25 hours of Category 1 credit toward the California Medical Association's Certification in Continuing Medical Education and the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

*Psychologists may use CME in lieu of MCEP.

- ➤ CEU: Nursing Continuing Education Units provided by the California Board of Registered Nurses, provider #321 has approved this program for 6.25 contact hours.
- ▶ CEU: Social Work Continuing Education Units provided by Veterans Affairs Greater Los Angeles Healthcare System, provider #PCE430. Course meets the qualifications for 6.25 hours of continuing education credit for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences.
- ▶ NHAP: Nursing Home Administrators Program. An application has been made for CEUs.

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Thursday, June 9, 2005 Fort MacArthur, San Pedro, CA

Course Description:

This 13th annual conference focuses on the transition from palliative to hospice care, bridging the gaps to insure continuity of care at the end of life.

- Objectives At the completion of this conference, participants should be able to:
 - Identify the importance of emotional and spiritual issues as patients and their families face the end of life.
 - 2) Describe effective symptom management in palliative and hospice care.
 - Cite the complex aspects of prescribing controlled substances.
 - 4) Describe the importance of prognostication in decision making in patients with advanced illness.
 - 5) Identify three organizational benefits of implementing a home-based palliative care program.
 - 6) Define the concepts of healing presence and nurturing among family caregivers.
 - 7) Discuss the benefits and burdens of CPR and artificial hydration/nutrition.

Target Audience:

This course has been designed for an interprofessional audience of physicians, nurses, psychologists, social workers, dietitians, pharmacists, physician assistants, chaplains, rehabilitation therapists and nursing home administrators.

7:15 am Registration

8:00 – 8:15 **WELCOME**

8:15 – 9:15 **// KEYNOTES //**

Transitioning from Palliative to Hospice Care Betty R. Ferrell, PhD, RN, FAAN

9:15 – 10:00 The Journey to Letting Be: The Spiritual & Emotional Issues at the End of Life Hank Dunn, M.Div.

10:00 - 10:15 Break 10:15 - 11:30 **AM WORKSHOPS**

1) Symptom management

Kenneth E. Rosenfeld, MD

- 2) A model for palliative home care Kristine A. Hillary, MSN, RN, NP
- 3) Supporting family caregivers in spirituality

 Connie Corley, PhD, LCSW
- Helping patients and families with end-of-life decisions; CPR, artificial hydration and nutrition Hank Dunn. M.Div.

11:30 - 12:45 Lunch (Demonstrations of healing hand massage)

12:45 - 2:00 **PM WORKSHOPS**

- Rules and regulations for the appropriate prescribing of controlled substances
 Marc Gonzalez, PharmD
 (Presentation supported by Purdue Pharma L.P.)
- 2) A model for palliative home care Kristine A. Hillary, MSN, RN, NP
- 3) Supporting family caregivers in spirituality Connie Corley, PhD, LCSW
- 4) Palliative care in advanced illness: the role of prognostication

Kenneth E. Rosenfeld, MD

2:00 - 2:15 Break

2:15 - 4:15 // Special Presentation //

VESTA

By Brian Harnetiaux
The journey to the end of a life - dramatic reading

4:15 - 4:30 **EVALUATIONS**

Door prizes

Planning Committee:

Co-Chairs:

Beverly Cummings, RN, CHPN
VA Greater Los Angeles Healthcare System
Jane Weber, MSW, ACSW
TrinityCare Hospice

VA Greater Los Angeles Healthcare System:
Elissa Brown, MSN, APRN-BC, CNS
Jan Click, MSW, LCSW
Rosalie Davis-Green, MSW, LCSW
Shiri Etzioni, MD
Gloria Goetzke, LCSW
Josea Kramer, PhD
Jennifer Penez, MSW Intern
Marcie Stahl, Administration
Cynthia Thompson, RN
Martha Waite, MSW, LCSW

VA Long Beach Healthcare System: San San Wong-Lee, MD

Cedars-Sinai Palliative Care and Hospice Program: Linda Gorman, RN, MN, APRN, BC, CHPN

Kaiser Permanente, Hospice Mitzie Kryszan, RN

Northridge Hospital Palliative Care Program: Sharon Bashor, MSN, RN, CHPN

Osher Lifelong Learning Institute, CSU LA: Connie Corley, PhD, LCSW

VITAS Innovative Hospice Care: Susie Fishenfeld, MSN, RN, CHPN

ACKNOWLEDGEMENT

This program is made possible, in part, by a generous grant provided by:

ARCHSTONE FOUNDATION

Transitions in Hospice & Palliative Care

VA, CGEC/UCLA & Students - \$60

All Others- \$70

- The following collaborating organizations - \$60

- TrinityCare Hospice Northridge Hospital Palliative Care Program
 - VITAS Innovative Hospice Care Kaiser Permanente
 - Cedars-Sinai Palliative Care and Hospice Programs

Please make check payable to: *Sepulveda Research Corporation

Registration Deadline: May 27, 2005

Please <u>print</u> or type the following information:

Last Name	First	Middle Initial	Discipline (RN, MSW, MD, PT	etc.)
License # (required for CEU's)		and/or	Social Security # (only for CME & Ter	npo)
Street Address		City	State Zi _l)
Work Phone Number		Home Phone Number		
Employer		(If VA, Please print name of VA)		
E-Mail address:				

WORKSHOPS

Please list the workshop numbers you would like to attend (1, 2, 3, or 4) Every effort will be made to honor your first choice.

AM Workshops 10:15 - 11:30am	PM Workshops 12:45 - 2:00pm	
(Choose Workshops 1, 2, 3 or 4)	(Choose Workshops 1, 2, 3, or 4)	
First choice	First choice	
Second choice	Second choice	

Check payable to: *Sepulveda Research Corporation

Please mail registration and check to:

Hospice Conference Attn: Marcie Stahl, GRECC (11E) Sepulveda Ambulatory Care Center & NH 16111 Plummer St. Sepulveda CA 91343

Tel. (818) 895-9311, FAX (818) 895-9519 E-Mail to: Marcie.Stahl@med.va.gov

^{*}A nonprofit corporation at the Sepulveda VA Medical Center to provide administration for educational programs.